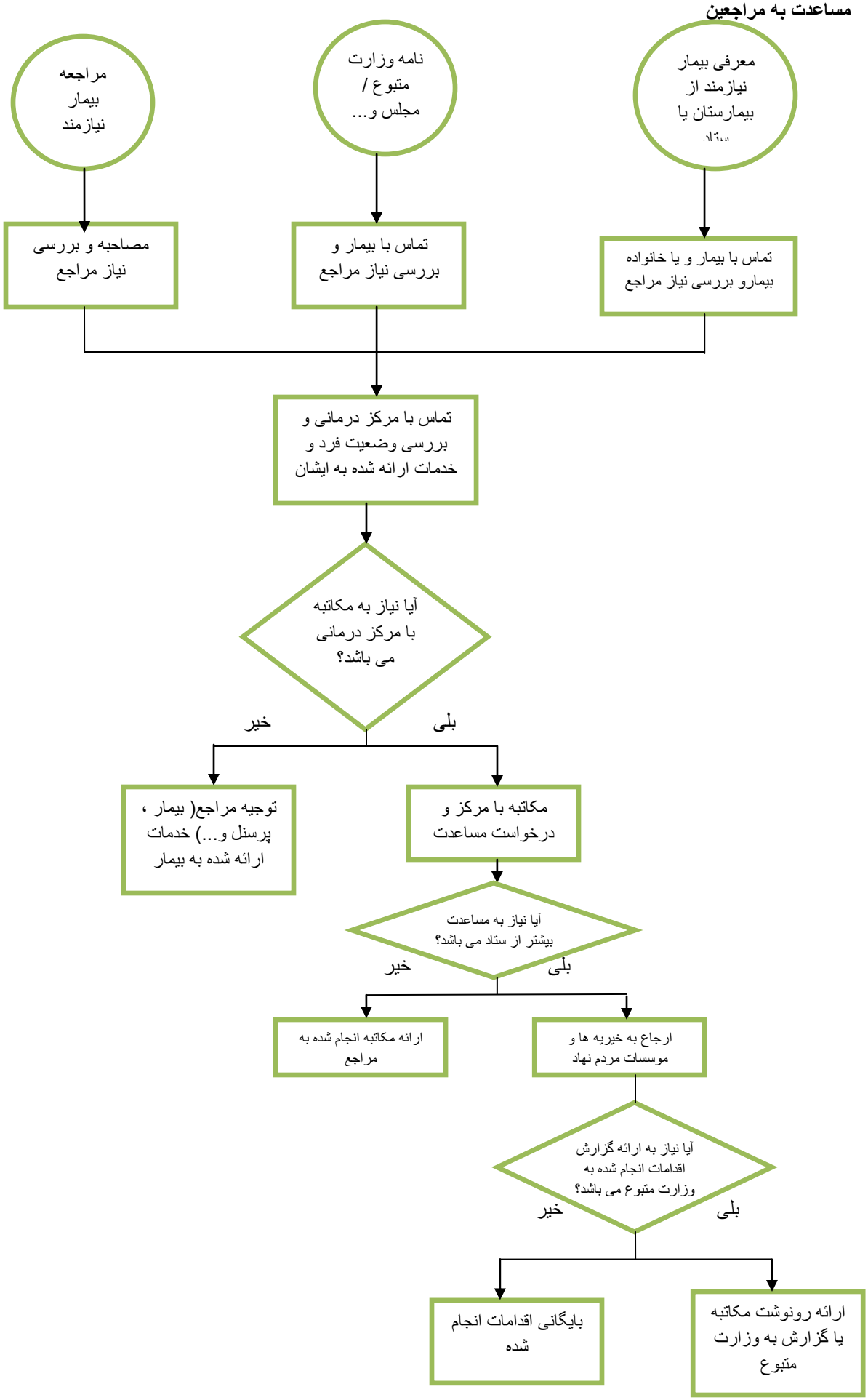مساعدت به مراجعین